

Patient _____ Birthdate _____
Address _____ Phone # _____

1 MONTH CHECK UP

FEEDING ROUTINE (circle): Breast Feeding Bottle Feeding Both

Breastfeeding: every ___ hrs for ___ minutes ~ Is your child taking Trivisol vitamins? _____

Formula type _____ Ounces per feeding? _____ Every how many hours? _____

of Bowel Movements Daily _____ # of "Wet" diapers Daily _____

How many times does baby wake at night? _____

Do you have any feeding concerns? _____

Have there been any major changes in your family recently?

Any questions or concerns for the doctor?

Developmental Milestones: Circle all that apply

Looks at people
Smile responsively
Responds to sound

Vocalizes sounds other than crying
Lift head up while on stomach
Turns head side to side

Exam Date: _____

Weight: _____ Height: _____ Temp: _____ Head Circumference: _____